

BY GABRIELLE FRANK AND STEFANIE TUDER

cosmo life

Weekend

Okay, guess vacuuming in a party dress makes it less torturous.



REFUSE TO LIFT A FINGER

Errands are not only huge weekend fun suckers—recent research found that they stress us out just as much as our workweek woes do. The fix: Tackle chores all week long in an enjoyable way by making laundry and grocery-shopping dates. Come Saturday, you can do whatever (like sleep... then take a nap).

SOURCE: JOURNAL OF ORGANIZATIONAL BEHAVIOR

So pretty but apparently not so intuitive



THE BEST PICK-HIM-UP STRATEGY

It may seem ridiculously obvious that by approaching a dude and introducing yourself, you're letting him know you're into him. But a recent Bucknell University study found that it's not enough. What does work? Straight-to-the-point, no-nonsense one-liners. Here are three man-otized alternatives to old standbys.

This counts as a serving of fruit, right?



TRENDY SUMMER COCKTAIL

Jam is the latest It ingredient in cocktails, and Jessie Knadler, coauthor of *Tart and Sweet*, suggests celebrating your two-day freedom with this baby. In a shaker, combine 3 ounces peach juice, 1 ounce vodka, and 1 ounce peach schnapps over ice; shake well. Pour into a martini glass. Spoon 2 teaspoons high-quality strawberry jam into the bottom of the glass.

5 Things Better Done Solo

Cameron Diaz recently said she prefers seeing a movie alone. Here are five other things that are more fun to do as a party of one.

- 1 People watching at the park. You won't judge you for judging.
- 2 Shopping—you'll get to snag all the best deals.
- 3 Going to that restaurant with the hot waiter at an off time, so he can linger
- 4 Getting a pedi. Less chatting, more relaxing.
- 5 Checking out a cool flea market in a nearby town

WHAT YOU WOULD SAY

"Hey, how's it going?"

"Are you single?"

"Have we met before?"

WHAT YOU SHOULD SAY

"Hey, I think you have the cutest smile, and I wanted to come say hi."

"Give me a call—here's my number. I'm free next weekend if you want to get together sometime."

"You look just like [insert hot actor here]!"

SOURCE: RELATIONSHIP EXPERT SETH MEYERS, PSYD

(Female model) Stephanie Rausser/trunkarchive.com (Male model) ALEKA MILLER. Fashion editor: Charles Manning. Hair: Ra-Jaeel Perrin using Oscar Blandi Haircare. Makeup: Josie Miller for Cielo Blue Pro. Manicure: Alexis Garcia for Cielo Blue Pro. Prop stylist: Tammy Lopez with Ford Artists Miami. Shirt: Gant; jeans: J Brand. (Drink) JAMES WESTMAN/STUDIO D.



The good thing is you don't have that "Who pays?" awkwardness.

THE SURPRISING WAY TO GET CLOSER TO YOUR GUY

A new study has found that couples who regularly hang with other pairs have a stronger relationship than those who log mostly twosome time. That's because the company sparks new conversations and keeps things unpredictable. Since a double dinner-and-a-movie date is nice but so, well, *mom*, here are options for things to do with a quartet.

● **HAVE A \$10 PICNIC.** Food trucks are hugely popular. Take advantage! Whether you load up on tacos or dumplings, you each won't spend more than a tenner on your laid-back, outdoor date.

● **PLAY SEXY SLANG.** This is Cosmo's new favorite game—it's a mixture of charades and Pictionary... but with way racier terms. How would you draw "manscaping"?

● **MEET UP FOR BAR TV NIGHT.** Check out which local pubs host viewing parties for shows like *Entourage* and *True Blood*. Some even serve specialty cocktails based on the show.

SOURCE: WAYNE STATE UNIVERSITY STUDY

SHOULD YOU STAY IN OR GO OUT?

It's Saturday, and you're torn between a wild night on the town or hibernating on your couch. Use this checklist to decide. Answer yes to three or more? Start primping.

- Do you have a new cute top?
- Is your hair clean?
- Are you off the clock tomorrow?
- Got at least one invite somewhere?
- Is your DVR completely empty?



Caution: You may break a nail.

Learn to Spin

We're chalking up the recent boom of deejay classes to our favorite *Jersey Shore* cast member. Get in on the trend by rounding up a crew or a fun girlfriend to *unce-unce* together. Just Google your city and *deejay classes*. Prices vary, and you can sign up for one class or a steeper weekly course—it's up to you if Pauly D-type skills are worth the investment.



100 MEN VOTED ON THE SEXIEST LAZY-SUNDAY DUDS

Yoga pants and a tank

Tight on tight wins out. Imagine.

A FRIDAY TREAT Before you head to happy hour, make a pit stop at cosmopolitan.com and check out our new feature, "What's Sexy This Week." Every Friday, we round up 10 buzzworthy trends, celeb moments, and video clips.

(Top left) **ADAM FEDDERLY**, Fashion editor: Charles Manning; Hair: Glenn Nutley for MGC Paris for Celestine Agency; Makeup: Diane da Silva using Dior Cosmetics; Manicure: Barbara Warner for Dolce & Gabbana. Prop stylist: Eddie Walker. (From left) (on him) top: DKNY Jeans; (on her) dress: Iwelfth Street by Cynthia Vincent; bracelet: Flutter by Jill Golden. (On him) top: Life After Denim; jeans: DKNY Jeans. (On her) top: Gar-de; shorts: Levi's. (Deejay) Hitoshi Nishimura/Getty Images. (Model) **CHRIS CLINTON**, Fashion editor: Charles Manning; Hair: Yoichi Tomizawa at See Management; Makeup: Courtney Perkins using MAC Cosmetics; Manicure: Kim Chiu for Mark Edward Inc. Prop stylist: Adam de Croix. Top and pants: Hard Tail; earrings: Ben-Amun.